

Monday dinner menu Week 2

(v) = Suitable for vegetarian (gf) =Gluten free (vg) = Vegan

Soup of the day

Cream of parsnip (v)

Southern Fried chicken breast with hot BBQ sauce

Baked Haddock with wilted greens sautéed wild mushrooms (gf)

Vegan meatballs tomato & oregano sauce (vg)

Tri colour pasta with sweet potato & basil pesto (v)

Accompaniments

Skinny fries (v) (vg) (gf)

Courgettes with rosemary (v) (vg) (gf)

Cauliflower (v) (vg) (gf)

New potato (v) (vg) (gf)

Dessert

Selected cakes (v)

Assorted fresh fruit –Bananas Plums Oranges Red apples Green apples

Assorted flavoured yoghurts Fruit pots

Hot & cold beverages with tap water readily available

Tuesday dinner menu week 2

(v) = Suitable for vegetarian (gf) =Gluten free (vg) = Vegan

Soup of the day

Cream of mushroom (v)

Steak mince & Onion Pie

Baked cod jalapeno dressing (gf)

Vegetable & bean enchilada (vg)

Vegetable jalfrezi (v)

Accompaniments

Jeera rice (v) (vg) (gf)

Peas & Carrots (v) (vg) (gf)

Broccoli florets (v) (gf) (vg)

Mashed potato (v) (gf)

Dessert

Selected cakes (v)

Assorted fresh fruit –Bananas Plums Oranges Red apples Green apples

Assorted flavoured yoghurts Fruit pots

Hot & cold beverages with tap water readily available

Wednesday dinner menu week 2

(v) = Suitable for vegetarian (gf) =Gluten free (vg) = Vegan

Soup of the day

Lentil soup (v)

Katsu Chicken Curry

Grilled hake with spiced peppers and salsa verde (gf)

Penne pasta with tomato fava beans oregano & garlic sauce (vg)

Mixed Falafel, beetroot, sweet potato & mint Pitta breads tzatziki (v)

Accompaniments

Ratatouille (v) (vg) (gf)

Mixed Vegetables (v) (vg) (gf)

Basmati Rice (v) (vg) (gf)

Sautéed potato & Onion (v) (vg) (gf)

Dessert

Selected cakes (v)

Assorted fresh fruit –Bananas Plums Oranges Red apples Green apples

Assorted flavoured yoghurts Fruit pots

Hot & cold beverages with tap water readily available

Thursday dinner menu week 2

(v) = Suitable for vegetarian (gf) =Gluten free (vg) = Vegan

Soup of the day

Cream of tomato (v)

Beef stir fry with black bean sauce

Smoked haddock kedgerree

Singapore noodles (vg)

Leek & potato bake (v)

Accompaniments

Egg fried rice (v) (gf)

Paprika roast potato (v) (vg) (gf)

Mexican sweetcorn (v) (vg) (gf)

Garden peas (v) (vg) (gf)

Dessert

Selected cakes (v)

Assorted fresh fruit –Bananas Plums Oranges Red apples Green apples

Assorted flavoured yoghurts Fruit pots

Hot & cold beverages with tap water readily available

Friday dinner menu week 2

(v) = Suitable for vegetarian (gf) =Gluten free (vg) = Vegan

Soup of the day

Green split pea (v)

Chicken stroganoff

Thai fishcakes with Oriental garlic & ginger dip

Quorn & vegetable chilli taco shells (v)

Penne Pasta Aribiatta sauce (vg)

Accompaniments

Baton carrots (v) (vg) (gf)

New potato (v) (vg) (gf)

Green beans (v) (vg) (gf)

Steamed rice (v) (vg)

Dessert

Selected cakes (v)

Assorted fresh fruit –Bananas Plums Oranges Red apples Green apples

Assorted flavoured yoghurts Fruit pots

Hot & cold beverages with tap water readily available

Saturday brunch menu week 2

Breakfast menu items plus one of the following vegan options

Cauliflower & Aubergine Malabar curry with rice

Moroccan vegetable tagine with cous cous

Malaysian vegetable curry with rice

Sweet & sour vegetables with rice



Saturday dinner menu week 2

(v) = Suitable for vegetarian (gf) =Gluten free (vg) = Vegan

Soup of the day

Cream of cauliflower (v)

Chefs grill – Marinated Caribbean style pork steak

Marinated Pollock wilted greens & chimichurri sauce

Vegetable stir fry with egg noodles (v)

Penne pasta with vegan cheese sauce (vg)

Accompaniments

Carrot baton (v) (vg) (gf)

Savoy Cabbage (v) (vg) (gf)

Parmentier potato (v) (vg) (gf)

Seasoned Rice (v) (vg) (gf)

Dessert

Selected cakes (v)

Assorted fresh fruit –Bananas Plums Oranges Red apples Green apples

Assorted flavoured yoghurts Fruit pots

Hot & cold beverages with tap water readily available

Sunday brunch menu week 2

Breakfast menu items plus one of the following vegan options

Cauliflower & Aubergine Malabar curry with rice

Moroccan vegetable tagine with cous cous

Malaysian vegetable curry with rice

Sweet & sour vegetables with rice



Sunday dinner menu week 2

(v) = Suitable for vegetarian (gf) =Gluten free (vg) = Vegan

Soup of the day

Scotch broth (v)

Chefs grill -Roast lamb with a rosemary jus

Seafood Gnocchi

Stuffed Portobello with ratatouille & feta cheese (v)

Spaghetti Putnesca (v)

Accompaniments

Mixed veg (v) (vg) (gf)

Honey roast root vegetable (v) (vg) (gf)

Thyme roast potato (v) (gf)

Mash potato (v) (vg) (gf)

Dessert

Selected cakes (v)

Assorted fresh fruit –Bananas Plums Oranges Red apples Green apples

Assorted flavoured yoghurts Fruit pots

Hot & cold beverages with tap water readily available